



CREATING COMMUNITY COLLABORATIONS

Crisis Intervention Team

What is CIT?

Lt. (Ret) Denise Spratt

Lt. (Ret) Ryan Wilfong

Special thanks to Rif S. El-Mallakh, MD



Objectives

- Without reference and as discussed in class, the student will be able to name the three (3) primary partners of the Crisis Intervention Team
- Without reference and as discussed in class, the student will be able to list the benefits of training law enforcement in CIT



WHAT IS CIT?***

Collaboration between:***

- Law Enforcement
- Mental Health Providers
- Consumer/Advocacy Groups

to provide a better response to persons with mental illness.



KRS 210.365 (1)

- (1) As used in this section:
 - 40-hour training curriculum
 - Based on Memphis CIT Model
 - Intervention with persons with mental illness, DD, dual diagnosis or mental retardation per subsections (2) to (5).



KRS 210.365 (1)

- DBHDID (CHFS) training class versus a Department of Criminal Justice Training Course (DOCJT).
- DOCJT schedules/processes administrative testing for course.



KRS 210.365 (2)

Expected Outcomes

- (2) The Department of Behavioral Health, Developmental/Intellectual Disabilities (DBHDID) shall, in collaboration with the *Justice and Public Safety Cabinet*, the regional community mental health-mental retardation boards, and representatives of the KY statewide affiliate of the *National Alliance on Mental Illness (NAMI)*, coordinate development of CIT training designed to train law enforcement officers to:



KRS 210.365 (2)

Expected Outcomes cont.

- (a) Effectively respond to persons who may have a mental illness, Substance Abuse Disorder, Mental Retardation, Developmental Disability or Dual Diagnosis
- (b) Reduce injuries to officers and citizens



KRS 210.365 (2)

Expected Outcomes cont.

- (c) Reduce inappropriate incarceration*
- (d) Reduce liability and
- (e) Improve risk management practices
for law enforcement agencies



KRS 210.365 (3)

Curriculum

- (3) The CIT training shall include but not be limited to:
 - (a) An introduction to crisis intervention teams
 - (b) Identification & recognitions of the different types of mental illnesses, substance abuse disorders, mental retardation, developmental disabilities, and dual diagnoses



KRS 210.365 (3)

Curriculum cont.

- (c) Interviewing and assessing a person who may have a mental illness, substance abuse disorder, mental retardation, a developmental disability, or dual diagnosis
- (d) Identification and common effects of psychotropic medications
- (e) Suicide prevention techniques



KRS 210.365 (3)

Curriculum cont.

(f) Community resources and options for treatment

(g) Voluntary and involuntary processes for hospitalization of a person with a mental illness, substance abuse disorder, mental retardation, developmental disability, or dual diagnosis and



KRS 210.365 (3)

Curriculum cont.

(h) Hostage or other negotiations with a person with a mental illness, mental retardation, substance abuse disorder, developmental disability, or dual diagnosis



KRS 210.365 (4)

Training Team

(4) The curriculum shall be presented by a team composed of, at a minimum:

(a) A law enforcement training instructor who has completed a **forty (40) hour CIT training course** and a **CIT training instructor's course** which has been approved by the KLEC, and at least **forty (40) hours of direct experience working with a CIT**



KRS 210.365 (4)

Training Team cont.

- (b) A representative from the local community mental health-mental retardation board serving the region where CIT training is conducted
- (c) A consumer of mental health services and
- (d) A representative of the Kentucky statewide affiliate of the NAMI



KRS 210.365 (5,6,7,8)

- (5) Curriculum & Trainers approval
- (6) Notification to LE of CIT classes
- (7) Other Academies may use CIT training model/curriculum
 - Currently: Lexington, Louisville.
 - Future: Bowling Green



KRS 210.365 (5,6,7,8)

- (8) Train the Trainer curriculum
- LE Instructors must:
 - a. Be a KLEEC Certified LE Instructor
 - b. Certified in at least 40 hours of CIT Field (Practical Experience)
 - c. Develop CIT Training Module and teach for review panel.



KRS 210.365 (9)

- CIT E-Crisis/CIT Reports
 - CIT Trained are required to complete
 - *Encounters* with persons with mental illness, substance abuse disorders, intellectual disabilities, developmental disabilities, and dual diagnoses.



KRS 210.365 (9)

- CIT E-Crisis/CIT Reports
 - Shall aggregate reports and submit on a monthly basis.
 - Shall include the information specified in subsection (10).



KRS 210.365 (10)

The report shall include but not be limited to:

(a) The number of law enforcement officers trained per agency;

(b) Law enforcement responses to persons with mental illness, substance abuse disorders, intellectual disabilities, developmental disabilities, and dual diagnoses;



KRS 210.365 (10)

(c) Incidents of harm to the law enforcement officer or to the citizen;

(d) The number of times physical force was required and the type of physical force used; and

(e) The outcome of the encounters that may include but not be limited to incarceration or hospitalization.



History of CIT

Origin 1988

Memphis (15-20%) Volunteers Only

2001

Louisville, KY



WHAT IS CIT?

KY Law Enforcement Training

- 40 Hour Training that teaches:
 - Signs & symptoms of MI, DID, SUD
 - Medications used to effectively treat MI
 - Verbal de-escalation skills and Active Listening skills that are reinforced through role play scenarios
 - Local resources available



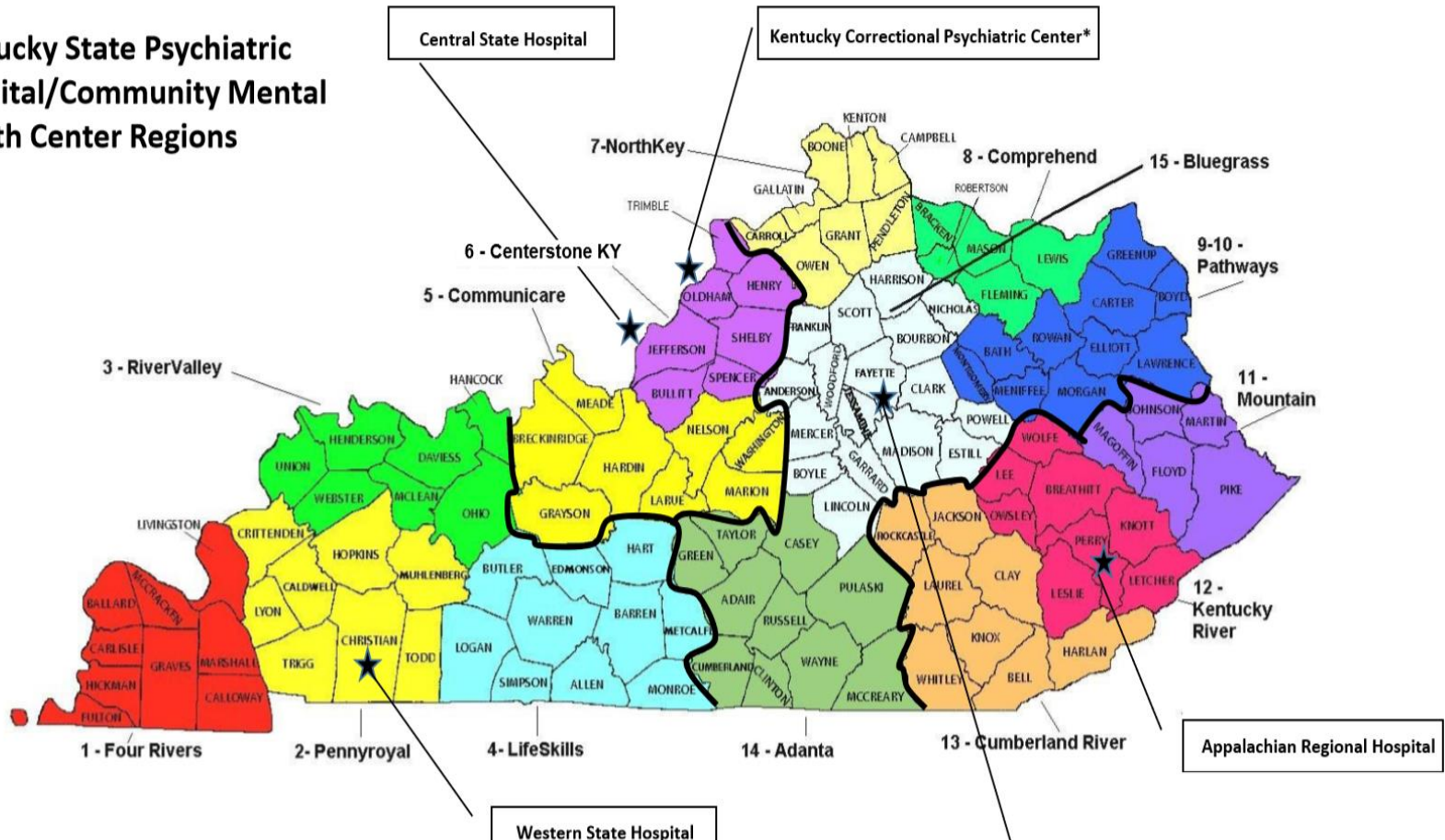
Instructors from 3 primary partners of CIT:

1. Law Enforcement
2. Mental Health Professionals
3. Mental Health Advocates/Consumers



Community Mental Health Regions

Kentucky State Psychiatric Hospital/Community Mental Health Center Regions





MEMPHIS PROGRAM: OUTCOMES***

- Reduction in officer injury***
- Reduction in SWAT callouts***
- Reduction in arrest rate***
- Increase in Emergency Psychiatry referrals***

- *Borum et al Behav Sci Law 16:393-409, 1998*
- *DuPont & Cochran. J Am Acad Psychiatry Law 28:338-344, 2000*



SUMMARY OF LOUISVILLE DATA***

- Reduction in arrest rate***
- Increase in EPS referrals***
- EPS referrals appropriate***
- Unclear changes in officer injury
- Increase in SWAT call outs***
- Decrease in HNT call outs***



LOUISVILLE DATA: 2018

TOTAL CIT CALLS IN 2018 – 2,274

2,178 No Force (95%)

96 Use of Force: (5 %)

EHC – 80

ECW - 13

OC Spray – 1

Less Lethal – 0

Deadly - 1



What is CIT:***

Regional CIT Advisory Boards***

Stakeholders meet regularly to address problems that arise in the system and brainstorm ways to assist high utilizers of services. Members include LE, MHP, MHA, judges, VA reps, attorneys, APS, DCBS, EMS, dispatchers, etc.



What is CIT?

Kentucky CIT Conference

Continuing Education for CIT trained law enforcement, our Mental Health Instructors and Mental Health Advocates involved in the CIT training.



SUPPORT NEEDED BY CIT OFFICERS

- **TIME:** Most of interventions taught to CIT officers take time. Usually more time than non-mental health related calls.
- **CONTROL:** In Memphis and Louisville CIT officers control the scene of CIT calls. Non-CIT officers serve as backup.



When Law Enforcement Is Needed:***

- Ask for a CIT Officer***
- Describe specific behaviors to the dispatcher that are of concern.***
- Give all medical and mental history to the dispatcher.***



BENEFITS OF CIT

- A safer and more effective way of responding to people in psychiatric crisis
- Reduced injuries to officers and citizens
- Reduced inappropriate incarceration
- Reduced liability



ADDITIONAL BENEFITS

- Improved risk management practices
- Training is a valuable resource even in dealing with routine calls
- Knowledge of resources in region
- Membership in a program that is respected and desired by community



Officer Perspective –Post Training

- Mental Health Instructor Comments

"Excellent instructor. Great presentation"

"Great course. Instructor really knew what she was teaching"

"Expert in field".



Officer Perspective –Post Training

- Consumer/Family Perspective

“His speaking experience really opened up a view of our consumers to me”

“Easily kept the attention of the audience. Very informative and obviously a subject matter expert in his field”



Officer Perspective –Post Training

- Law Enforcement Instructor

"Very knowledgeable and interactive. Very easy to follow and understand. Great instructor!"

One of the most exceptional presenters I have ever listened to. Her enthusiasm is contagious."



Officer Perspective –Post Training

■ Overall Course Comments

“This course was one of, if not the best I have had in all my years of training. This team of instructors are motivated, dedicated and extremely qualified to teach this class. Their role play was exemplary and as a result, the class presentation was made easier to understand. Outstanding performance!”



Officer Perspective –Post Training

- Overall Course Comments

“The course provided valuable information that every agency can use. Stories and examples provided recognition that these procedures and steps actually work in the field”



Officer Perspective –Post Training

- Overall Course Comments

“I have been to a lot of training. This is the best training I have ever received. I wish I would have received this training earlier in my career. Keep up the good work. I am an SRO at a high school. I will and already have sang the course praises to other units”.



CIT Officers in KY

- 3,336 CIT Officers trained via statewide program as of October 18, 2019 from 290 agencies.
- ** This data does not include officers trained in Louisville and Lexington via their respective in-house academy staff.



Future of CIT

CIT - 2

- Trauma Informed Care
- Autism
- Veterans Resources (VA Partnership)
- Crisis Communications
- Drug Induced Psychosis



Future of CIT

CIT Advisory Boards

KY Uniform CIT Pin

Ongoing Quality Monitoring



Lt. (Ret) Denise Spratt
denisespratt@kentuckycit.com

Lt. (Ret) Ryan Wilfong
ryanwilfong@kentuckycit.com